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5 SEM TDC DSE HSC (CBCS) 4 (H/NH)

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(Held in January/February, 2022)

HOME SCIENCE

(Discipline Specific Elective)

(For Honours/Non-Honours)

Paper : DSE-4

(**Therapeutic Nutrition**)

Full Marks : 53

Pass Marks : 21

Time : 3 hours

*The figures in the margin indicate full marks
for the questions*

1. Fill in the blanks : 1×5=5

(a) There are _____ steps in nutrition care process.

(b) _____ bridges the gap between clear fluid and soft diet.

(2)

- (c) Therapeutic nutrition begins with the _____ diet.
- (d) Simple sugars should be totally avoided in _____.
- (e) _____ should be avoided in diarrhoea.
2. What do you mean by the following? $2 \times 5 = 10$
- (a) Regular normal diet
- (b) Lactose intolerance
- (c) Bulimia
- (d) Constipation
- (e) Metabolic syndrome
3. Write short notes on any four of the following : $5 \times 4 = 20$
- (a) Clinical features of tuberculosis
- (b) Dietary management of celiac disease
- (c) Weight imbalances
- (d) Eating disorder
- (e) Etiology of hypertension

(3)

4. Write briefly about the steps of nutrition care process. 8

Or

What do you mean by food intolerance?
Write the clinical features and dietary management of food intolerance. 2+3+3=8

5. What is diarrhoea? What are the causes of diarrhoea? Write the symptoms of diarrhoea. Explain the dietary management of diarrhoea. 1+2+2+5=10

Or

What is the etiology of infective hepatitis?
Write the symptoms of infective hepatitis.
How will you manage the diet in infective hepatitis? 2+2+6=10
